

Winter Day Hike Gear Checklist

General Hiking Gear

- Hiking Backpack
- Gaiters
- Trekking Poles
- Micro Spikes
- Snowshoes (optional)

Clothing

- Base Layer
- Mid Layer
- Insulating Layer
- Soft Shell Jacket
- Base Layer Leggings
- Soft Shell Pants
- Gloves
- Fleece Hat
- Balaclava
- Sunglasses

Footwear

- Winter Hiking Boots
- Sandals, Crocs, or Flip Flops
- Wool Hiking Socks
- Extra Socks

Navigation

- Paper Map, Print Off of Route, or Downloaded App

Food & Hydration

- Waterbottles
- Water Filter
- Lunch
- Snacks
- Extra Food
- Hot drink or snack

First Aid

- Band-aids
- Ace Bandage
- Wilderness First Aid Knowledge

Misc

- Hand Warmers
- Camera
- ID Card
- External Charger
- Trash bag
- Toilet Paper
- Headlamp
- Two Itineraries

